



Re\*Imagine Medical Lake Founders Day Presents

# 36<sup>th</sup> Annual Trailblazer Triathlon/Duathlon/5K

## Saturday • June 19<sup>th</sup> 2021 • VIRTUAL

*\*anytime between Fri. 6/18 – Sun. 6/27*

**TRI/DU: \$55 Individual • 5K: \$35**

**Commemorative T-shirt & Postage Included**



Contact: Terri (509) 939-9589 • [terri@medicallake.org](mailto:terri@medicallake.org)

Register online: [Medicallake.org/trailblazer](https://Medicallake.org/trailblazer)

**Description:** Traditional Race consists of sprint distance TRI with a 350-meter swim, followed by a 12.2 mile bike ride on paved roads, ending with a 2.92 mile run around the historic Medical Lake Trail. Duathlon racers begin with a One-mile run, 12.2 mi bike, and finish with a 2.92mi run on the Medical Lake Trail. 5K is a 2.92 run on the Medical Lake Trail.

***Virtual race follows the assigned distances, location is at the discretion of the participant.***

1. \_\_\_\_\_

*First Name	*Last Name	Age on Race Day	M/F	Tri/DU/5K
*Address: _____		*City: _____	*State: _____	*Zip Code: _____
*Phone: _____	*Email Address: _____ <i>please print clearly</i>			

2. \_\_\_\_\_

*First Name	*Last Name	Age on Race Day	M/F	Tri/DU/5K
*Address: _____		*City: _____	*State: _____	*Zip Code: _____
*Phone: _____	*Email Address: _____ <i>please print clearly</i>			

3. \_\_\_\_\_

*First Name	*Last Name	Age on Race Day	M/F	Tri/DU/5K
*Address: _____		*City: _____	*State: _____	*Zip Code: _____
*Phone: _____	*Email Address: _____ <i>please print clearly</i>			

TRI/DUE Individual Entry Fee: \$ 55.00 x \_\_\_\_\_ = \_\_\_\_\_

5K Individual Entry Fee: 35.00 x \_\_\_\_\_ = \_\_\_\_\_

**Total:** \$ \_\_\_\_\_

**T-Shirt & Postage Included (One shirt/participant)** Size (quantity): Mens:    S    M    L    XLG    XXLG  
Wms:    S    M    L    XLG    XXLG

**PRINT AND MAIL TO:**

RIML-Trailblazer  
PO Box 344  
Medical Lake, WA 99022